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Use the G.R.O.W. Model as a technique in your next Salary Negotiation

Negotiating



Technique: G.R.O.W. Model

GROW Model created by Graham Alexander, Alan Fine, and Sir John Whitmore in the 1980's as a coaching model What do they want? What do you want?

Will/Wrap-Up

What will they do? What will you do?

Reality

What's their current situation? What's your current situation?

Options

What could they do? What could you do?

Next, Remember the 4x4 Factors to Consider in

Negotiations

4 Negotiation Do's

- Always negotiate
- Know what
 - differentiates youAsk for the final offer

in writing

Know the core

motivating factors of the decisonmaker(s)

4 Negotiation Don'ts

• Discuss salary too

soon

Say "yes" or "no" to the first offer

Automatically assume that the "pie" is fixed
Dress inappropriately for the role (attire still matters)