

Permission to Pivot

AN ACTION GUIDE TO CHANGE YOUR LIFE



Hi! I'm Annie Franceschi

Enjoy this at-a-glance
guide to today's top
action steps for giving
yourself permission to
pivot your career!



PERMISSION:

Know it's OK to rewrite
your dream.

This might look like telling yourself it's okay if the path you told everyone you wanted isn't quite "it" and to begin thinking about what else could be.

PERMISSION:

Stop letting **stargazing** stop you +
start exploring new paths/possibilities.

This might look like not letting Impostor Syndrome get the better of you – remembering even The Rock had to find a new dream – and that's it's never too late to change your life for the better. When you look to those you admire, take care to ask them about what failures, setbacks, and uncertainty they've faced – not just the highlights.

PERMISSION:

Give yourself credit.

This might look like starting your own Professional Life Journal, a diary-like record of your career – a place for you to literally give yourself credit for your accomplishments and see yourself and your value with new eyes.

Best practices for keeping a journal like this include picking a spot to record (a physical journal, a Google Document, or even a Note on your phone) and scheduling a regular reminder in your calendar to update it.



GRAB MY FREE TEMPLATE FOR A PROFESSIONAL LIFE JOURNAL >

<https://docs.google.com/document/d/1DAuWDNqrIFYDhJN19Dek5jcVJKswzBwdRViLrwDq0Bs/edit?usp=sharing>

PERMISSION:

Rediscover what you loved as a kid.

This might look like rethinking your purpose by embracing it could be a path of “recovery” as author Jon Acuff describes, not discovery. Often our next purpose or direction can be found by looking for intersections across what we love, what we’re good at, what we loved as a kid – and what adds value for others. Use my free template to make these lists and look for your own inspiring intersections.



GRAB MY FREE TEMPLATE FOR FINDING YOUR PURPOSE:

https://drive.google.com/file/d/1sKnWbEHxmmOW_htqXfwFU34g-zCMdSlo/view?usp=sharing

PERMISSION:

Don't keep your dreams secret.

This might look like being more vocal about your hopes, dreams, and changes you want to make in career and life (so the magic can happen – people can start to help you!) I challenge you to tell 2 people in your network about a career (or life) dream you've never shared within the next week. If you need extra accountability, I'll be one of them - you're invited to email me and tell me your dream now!

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PERMISSION:

Trust the truth will set you free.

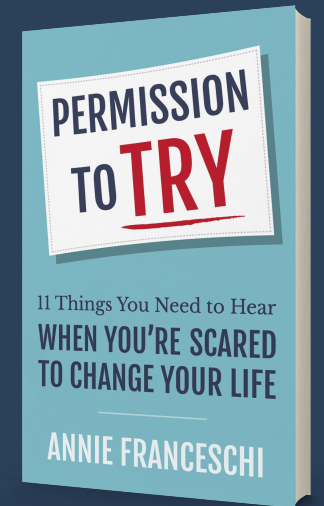
This might look like being as honest as you can be with key people in your career, and especially with yourself. What do you know to be true but you haven't shared yet? Perhaps it's time to face them.

FINALLY...

Remember – it all comes down to you.

For years, I looked for permission from everywhere and everyone – and yet the only place I actually needed to look was in the mirror. And that's still true today. Only you can give yourself the go-ahead to do what matters most to you – *and the best news is that's all the permission you really need.*

Discover the book at permissiontotry.com



Thank you

HERE'S TO YOUR NEXT CHAPTER!

